

12 Prompts to Help You Start Your Journal Now!

- What are some things that give your life meaning?
- Who would you like to have a stronger relationship with and what might you do to grow that relationship?
- What are your short-term and long-term goals? What are some things you want to do this month compared to things you want to do in the next few years?
- Describe your perfect home. Where is it, what does it look like, and who do you share it with?
- What distracts you from what's truly important each day?
- When you picture yourself 10 years from now, what do you want to have achieved and experienced? What would you like to accomplish by the end of your life?

- If you decided right now that you had enough money, and that you would always have enough, what would you do with your life?
- What does friendship mean to you?
- What is something you can do today to grow closer to God?
- If you have brothers or sisters, how are you similar or different from them? What about with your friends?
- What's the number one struggle in your life that you want to overcome?
- When was the last time God took a bad situation in your life and turned it out for your good? What happened? How was it better in the end?